



Angela McGrath
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Background

My name is Angela, and I am an Integrative health Care Specialist and Scientist. A little about my background. I have a double bachelors in Biology and Integrative Health Care. A very normal question is what is Integrative Health Care. It is when we bring conventional and complementary approaches together in a coordinated way to improve health outcomes with multiple disciplines. This allowed me to have knowledge of many different healing modalities outside of conventional medicine, as well as the background of conventional therapies and how best to support with integrative modalities.

I quickly understood my desire to build the bridge between conventional medicine and integrative and complementary medicine to optimally support health and well-being. I held an internship for 7 years at the University of Colorado Hospital in Clinical Pathophysiology (disease of the body). I also held an internship at a traditional Chinese medicine clinic, where I learned how to make my own medicine from plants (and of course proper application). For the last 12 years, I have had my Integrative Health Care Practice working with clients, friends, family and even other doctors, to provide an integrative support for better health. I have worked with everyday ailments, skin conditions to cancers and rare muscle diseases.

My specialty is herbal medicines, chemical free, healthy body products and nutritional support, but also have a heavy background in interpreting test results, biopsy diagnosis interpretation, pharmaceutical application and working with your doctor for a collaborative approach for treatments.

I have been in New Zealand for 6 years with my beautiful family. I have worked locally in Clinical pathology at nelson hospital as well as a mortuary technician. My fascination with the body is clear I think. I am currently residing in Brightwater. I am happy to meet in person or meet on the phone or through video calling. Many of my herbs come from Nelson/Tasman in New Zealand. I am always looking to use organic and local whenever possible.

My passion is to always provide the highest quality of care and information to support health and wellbeing to all my fellow humans. If we all take care of each other, we will all be taken care of.

Sincerely,

Angela